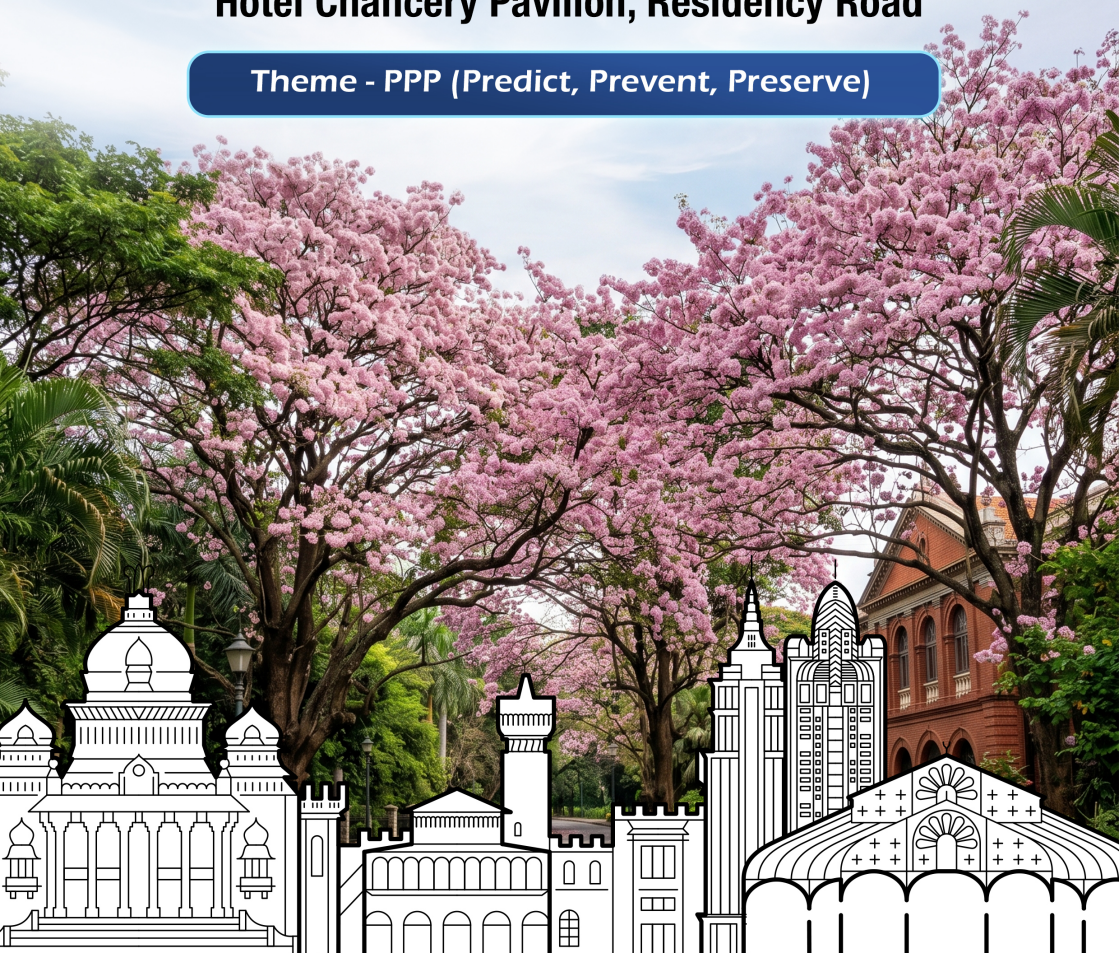


AICC RCOG SZ CONFERENCE 2026

25th & 26th July, Bengaluru

Hotel Chancery Pavilion, Residency Road

Theme - PPP (Predict, Prevent, Preserve)



Welcome Address

Dear Colleagues and Friends,

It gives us immense pleasure to invite you to the AICC RCOG - South Zone Conference 2026, hosted by the Bangalore RCOG Trust in the vibrant city of Bengaluru on 25th & 26th July 2026 at Hotel Chancery Pavilion, Bengaluru.

This year's conference, themed "PPP (Predict, Prevent, Preserve)", focuses on advanced clinical strategies and evidence-based practices in Obstetrics and Gynaecology.

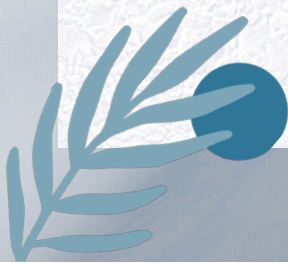
Our scientific program ensembles a distinguished panel of international and national experts to share pioneering insights into maternal health, foetal medicine, and gynaecological excellence. Curated to bridge the gap between breakthrough research and clinical application, the conference offers essential updates for your daily practice. Key highlights include our immersive workshops on gynaecological emergencies and multidisciplinary team management within the labour ward, designed to elevate your expertise and collaborative care.

Early bird registration is now open. We invite you to register early to ensure your participation in this conference.

We look forward to welcoming you to the Garden City for a weekend of rigorous academic exchange and professional enrichment.

Warm Regards,

The Organising Committee
AICC RCOG South Zone Conference 2026
Bangalore RCOG Trust



South Zone Organising Committee - 2026



Dr Uma Ram
Chair, AICC RCOG, India



Dr Sumana Manohar
Chair, AICC RCOG-SZ &
Organising Chairperson



Dr Latha Venkataram
Organising Co-Chairperson



Dr Uma Devi Karunakaran
Organising Secretary



Dr Vidyamani Lingegowda
Chief Advisor



Dr Jayashree Venkataram
Organising Treasurer



Dr B Mallikarjuna Kirthi
Organising Joint Secretary



Dr Shreelakshmi G
Organising Joint Treasurer

Patrons



Dr Jaya Narendra



Dr V P Paily



Dr Kurian Joseph



Dr Suresh Seshadri

Dr Vishwanath Swamy

Dr Sr. Lillian Therese

Advisors



Dr Evita Fernandez



Dr Mohini Prasad



Dr Kamini A Rao



Dr Jaishree Gajaraj



Dr Nirmala Jayashankar



Dr Rekha Kurian



Dr Sheila Balakrishnan



Dr Jayashree Prasad



Dr Hema Divakar



Dr Sheela V Mane



Dr Mrutyunjaya B Bellad

State Coordinator



Dr Ragasudha Chuppana
Andra Pradesh



Dr Vasudharani Sabbasani
Andra Pradesh



Dr Praveen Somaiah
Karnataka



Dr Sreelakshmi K N
Karnataka



Dr Ajith S
Kerala



Dr Mayadevi Kurup
Kerala



Dr Mathangi Rajagopal
Tamil Nadu



Dr Rajapriya Ayyappan
Tamil Nadu



Dr Chinmayee Ratha
Telangana



Dr Vyjayanthi S
Telangana

Scientific Committee



Dr Srimathy Raman, Chair

Dr Deepa Thiagarajamurthy

Dr Manisha Singh

Dr Meera V Ragavan

Dr Rita Mhaskar

Dr Shailaja N

Dr Vishnupriya K M N

Abstract Committee



Dr Varna V Rao, Chair

Dr Esha R Shanbhag

Dr Lalitha N

Dr Neelam Saraswat

Dr Nikhita B Vadvadgi

Dr Shameema Anvarsadath

Dr Vinita Udupa

Workshop Committee



Dr Aruna Muralidhar, Chair

Gynecological Emergencies

Dr Anbukani Subbian,
Convener

Dr Gnana Sanker Natesan

Dr Shravya Manohar

Dr Tamilselvi A

Dr Vinoo Balakrishnan

Perinatology - MDT in the Labour Ward

Dr Shobana Mahadevan,
Convener

Dr Deepa Thangamani

Dr Uma Mikilineni

Dr Anjali B P

Dr Poornima

Dr Ramya C K

Registration & Marketing Committee



Dr Gayathri Kamath
Chair

Dr. Saritha Mudium

Venue Committee



Dr Girija Rao
Chair



Dr Bhargavi Brahmakal
Chair

Dr Ashwini J A

Cultural & Valedictory Committee



Dr Rashmi Patil
Chair

Dr Soumya Patil



Keynote/ Plenary Speakers

International Faculty



Prof. Jon Hyett

*Professor of Obstetrics
and Gynaecology,
School of Medicine
Western Sydney University,
New South Wales*



Dr Sonal Karia

*Consultant Obstetrician
and Gynecologist at Macarthur
Health Service
(Campbelltown and Camden
Hospitals) in
South Western Sydney*



Dr. S. Ananth Karumanchi

*Director,
Renovascular Research Center
Medallion Chair in
Vascular Biology
Cedars-Sinai Medical Center,
Los Angeles, California, USA*

National Faculty



Dr Evita Fernandez

*Chairperson and Managing Director
Fernandez Foundation*



Dr Uma Ram

*Chair, AICC RCOG-India
Director, Seethapathy Clinic & Hospital,
Chennai*



Dr V P Paily

*Senior Consultant
Rajagiri hospital, Aluva, Kerala, India*



Dr U D Bafna

*Consultant Gynaec Oncology
BMJH, Bangalore*



Dr Uma Nambiar

*Chief Executive Officer
IISc Medical School Foundation, Bangalore*

Hall A -Dr. Tim Draycott Hall
Obstetrics-From the beginnings to beyond!

Perinatology - MDT in the Labour Ward (Workshop 1)

Coordinators: **Dr Shobana Mahadevan, Dr Aruna Muralidhar**

Hall Coordinators: **Dr. Ramya CK, Dr. Vishnu Priya K M N**

08:00 - 08:25 am	Preworkshop Questionnaire	
08:25 - 08:30 am	Workshop Introduction	Dr Aruna Muralidhar
08:30 - 08:45 am	Communication, consent in labour, Low and high risk MDT roles SBAR/RSVP	Dr Shobana Mahadevan
08:45- 09:00 am	LCG alert components and MEOWS	Dr Deepa Thangamani
09:00 - 09:15 am	Sepsis 6 bundle	Dr Aruna Muralidhar
09:15 - 09:30 am	POCUS in labour wards	Dr Anish Keepanasseril
09:30 - 09:45 am	Intrapartum Beacon- Ultrasound in labour	Dr Gigi Selvan
09:45 - 10:00 am	Interaction	
10:00 - 10:15 am	Severe preeclampsia and eclampsia- Obstetrician/ Intensivist	Dr Francis Joseph Dr Vishnupriya
10:15 - 10:30 am	MTP MOH- Haematologist/Physician	Dr Shivaram
10:30 - 10:45 am	CTG alerts- Neonatology, Anaesthetist, Category 1	Dr Uma Mikkilineni Dr Phanibhushan
10:45 - 11:00 am	Interaction	
11:00 - 11:15 am	Tea/coffee break	

Perinatology - MDT in the Labour Ward (Workshop 1)

Hall Coordinators: **Dr. Ramya CK, Dr. Vishnu Priya K M N**

11:15 - 11:30 am	Labour analgesia and complications -Anesthesiologist	Dr Subramaniam Mahankali
11:30 - 12:00 noon	Maternal collapse and PMCS	Dr Somnath Chatterjee
12:00 - 12:15 pm	Jaundice in labour-Gastroenterologist	Presenter: Dr Ramya CK Expert: Dr Veerendra Sandur
12:15 - 12:30 pm	AKI- Nephrologist	Presenter: Dr Vinita Udupa Expert: Dr Girish Namagundlu
12:30 - 12:45 pm	PPCM, Cardiac disease-Cardiologist	Presenter: Dr. Susan John Expert: Dr Vithal D Bagi
12:45 - 01:00 pm	Acute exacerbation of bronchial asthma -Pulmonologist	Presenter: Dr Shruti Shreedhar Expert: Dr Suma Kumar
01:00 - 01:15 pm	Glycemic control- Diabetologist	Presenter: Dr Ratna Deepika Expert: Dr Rajeshwari
01:15 - 01:30 pm	Interaction, Post-Workshop Questionnaire, Feedback & Certification	
1:30 - 2:15 pm	Lunch Break	



Hall B - Dr. Purandare Hall
Gynaecology- Care across the ages!

Gynecological Emergencies (Workshop 2)

	Coordinators: Dr Anbukani Subbian, Dr Gnana Sanker Natesan, Dr Shravya Manohar Hall Coordinators: Dr Anjali B P, Dr Nikhita B Vadvadgi	
08:00 - 08:25 am	Preworkshop Questionnaire	
08:25 - 08:30 am	Workshop Introduction	
08:30 - 09:00 am	ABC in Gynae emergencies Recognize, Evaluate, Resuscitation	Dr Radha Rao and Team
9:00 - 09:50 am	Case Discussions 1. Unstable hemoperitoneum in casualty -ectopic 2. Acute abdomen at 2 AM-torsion/cyst rupture 3. Flooding followed by fainting - acute AUB	Presenters: Dr Nithya Ramachandran Dr Nikhita B Vadvadgi Dr Swathi Experts: Dr Niraj Y Dr Gayathri Kamath Dr Mala Sibal
09:50 - 10:15 am	"Consent under pressure"-A Dialogue Medicolegal aspects, documentation and counselling in emergency	Dr Shravya Manohar Dr Karpagambal
10:15 - 10:40 am	Practical POCUS	Dr Mala Sibal
10:40 - 11:00 am	Algorithms That Actually Work - OHSS, DVT/PE	Dr Nithya M Naaram Dr Poornima
11:00 - 11:15 am	Tea & Networking	
11:15 - 11:35 am	Sepsis Pathway: First Hour Saves Lives Recognition (q SOFA, lactate) Golden 1-hour bundle Antibiotic escalation in gyn "What kills first?" - delayed fluids vs delayed antibiotics	Dr Kameswari

Gynecological Emergencies (Workshop 2)

Hall Coordinators: **Dr Anjali B P, Dr Nikhita B Vadvadgi**

11:35 - 12:35 pm	Surgical complications and emergencies INTRA OP - Recognize in OT or regret in ICU Bladder, vascular, bowel, ureter injuries POST OP - Fever, Breathlessness (PE vs atelectasis), Distension (ileus vs injury), anuria, bleed Moderators: Dr A Tamilselvi, Dr Vinoo Balakrishnan Panelists: Dr Sriprada Vinekar, Dr Asha Kiran Dr Bindu Menon, Dr Dhavashree V Surgeon: Dr Ravi Shankar	
12:35 - 01:20 pm	"Don't Miss This" - High-Yield Surgical Videos 1. Adnexal Torsion 2. Tubo-ovarian abscess 3. Uterine perforation / rupture 4. Unusual ectopics 5. Intraoperative bleeding mayhem 6. Pelvic perineal trauma in RTAs and coital lacerations	Dr Gnana Sanker Natesan Dr Harinath K S Dr Anjali B P
01:20 - 01:30 pm	Post-Workshop Questionnaire, Feedback & Certification	
1:30 - 2:15 pm	Lunch Break	



Time	Hall A-Dr. Tim Draycott Hall Obstetrics - From the beginnings to beyond!	Hall B-Dr. Purandare Hall <i>Gynaecology- Care across the ages!</i>
	Hall Coordinators: Dr. Ashwini J A, Dr. Girija Rao	Hall Coordinators: Dr Bhargavi Brahmakal Dr. Esha R Shanbag
2:15 - 2:45 pm	Clinical Algorithms ▪ Prevention of Preterm labour Dr. Ashwini J A ▪ Navigating Postpartum Thromboprophylaxis Dr. Rashmi Patil ▪ Who, When, and How to Screen for Hyperglycemia? Dr. Prameela Menon	Short bytes ▪ Should HPV testing replace PAP smear Dr. Bhargavi Brahmakal ▪ Risk reducing salpingectomy and salpingo-oophorectomy Dr. Vasudharani Sabbasani ▪ Whom, When, and How of Breast cancer Screening ? Dr. Shailaja N
2:45 - 3:30 pm	<i>Preserve Pregnancy- Panel discussion</i> Recurrent Pregnancy Loss- The Complex Journey Moderators: Dr. Deepa Thiagarajamoorthy Dr. Sheila Balakrishnan Expert: Dr. Fatima Poonawala Panelists: Dr. Janani Iyer, Dr. Soumya Patil Dr. Madhura Phatak Dr. Sudha Ramakrishnan Dr. Anila Kadiyala	<i>Preserve Uterus- Panel discussion</i> Navigating the complexities in Abnormal Uterine Bleeding Moderators: Dr. Jaishree Gajaraj Dr. Premalatha B Expert: Dr. Jayashree Venkataram Panelists: Dr. Bhuvana S, Dr. Priya Kannappan, Dr. Esha R Shanbhag Dr. Indira Vijayakrishnan Dr. Sapna Sridhar
3:30 - 3:45 pm	Interaction	Interaction
3:45 - 5:30 pm	Keynote Address	
	Chairpersons: Dr. Hema Divakar, Dr Uma Devi Karunakaran, Dr. Shobha N Gudi , Dr. Mahesh Koregol ▪ First trimester screening- Expanding the Horizons! - Prof. Jon Hyett ▪ Digital health-A transformative Journey - Dr. Uma Nambiar ▪ MHT- "maximizing benefits, minimizing risks"- Dr. Sonal Karia	

5:30 - 5:45 pm: Tea Break

Dr EV Kalyani RCOG IRC India South Oration

5:45 -
6:45 pm

Chairpersons: Dr Uma Ram, Dr. Sumana Manohar, Dr Vidyamani Lingegowda
Dr Latha Venkataram

When Belief Becomes Practice: Reflections on Transforming Maternity Care
Dr. Evita Fernandez

7:00 pm

Inauguration

Chief Guest

Dr C N Manjunath, *Cardiologist, Member of Parliament*

8:00 pm

Cultural Programme and Banquet



8:00 - 9:15 am	Hear from the experts!	
	Chairpersons: Dr. Prakash Mehta, Dr. Susheela Rani B S, Dr. Rajshree Paladi	
	Novel approaches in treating Preeclampsia: Dr. Ananth Karumanchi	
	Vaginal surgery in today's context: Dr. VP Paily	
Time	Hall A-Dr. Tim Draycott Hall Obstetrics - From the beginnings to beyond!	Hall B-Dr. Purandare Hall <i>Gynaecology- Care across the ages!</i>
	Hall Coordinators: Dr Neelam Saraswat Dr Saritha Mudium	Hall Coordinators: Dr Sreelakshmi K N Dr. Sreelakshmi
09:15- 11:10 am	Session 1 Chairpersons: Dr. Indira Reddy, Dr. Mangaladevi, Dr. Thankam.S	Session 1 Chairpersons: Dr. Shubha Rama Rao Dr. Basavraj Devarashetty Dr. Kasi V Sellappan
9:15 - 9:45 am	Vivadh ▪ Aspirin: Who, When, and How Much? Dr. Varna V Rao ▪ Antenatal corticosteroids-Are we using it right? Dr. Neelam Saraswat ▪ C. Section techniques- Is there an ideal method? Dr. Srimathy Raman	Vivadh ▪ IVF add-ons-PRP/Stem cells Dr Rajapriya Ayyappan ▪ Metformin and Inositols in PCOS Dr. Prakash Savanur ▪ Enhanced Myometrial Vascularity Dr Sreelakshmi K N
9:45 - 10:00 am	What's new! E-MOTIVE bundle Dr. Sheela Mane	What's new! Surgeries Pre-IVF: Do they make a difference in success? Dr. Sumana Manohar
10:00 - 11:00 am	Promote outcomes ▪ Navigating select Complications in Mono-chorionic twins Dr. B.S.Rama Murthy ▪ Induction of labour-Where are we? Dr Mrutyunjaya B Bellad ▪ Comprehensive Care for Obesity in pregnancy Dr. Suma Natarajan	Promote outcomes ▪ GLP-1 analogues- Transforming the Metabolic Landscape Dr. Subramaniam Kannan ▪ 4 Ps of pelvic health Dr. Madhusudhan Naidu ▪ Microbiomes- Implications in women's health Dr. Meera V Raghavan

11:00 - 11:10 am	Interaction	Interaction
11:10 - 11:20 am	Tea Break	
	11:20 - 11:50 am Dialogue with Neonatologist Handling the unexpected in Labour ward! Dr Suman Rao Dr B Mallikarjuna Kirthi Dr Saritha Mudium	11:20 - 11:50 am Dialogue PMOS from Adolescence to beyond Dr. Vyjayanthi S Dr. Anjana Hulse Dr. Shreelakshmi G
	Session 2 - 11:50-13:15 Chairpersons: Dr Thejavathy G V Dr Rekha Rajendrakumar Dr Sudha R	Session 2 - 11:50-12:45 Chairpersons: Dr Nirmala B M Dr Vijay Kumar Dr Sunanda N
	11:50 - 12:50 pm Newer Frontiers! Positions and Props in labour Dr. Vidyadhar B Bangal Early onset FGR Management Dr. Praveen Somiah Maternal-Fetal Tightrope: Oncological Challenges in Pregnancy Dr. Vishwanath S	11:50 - 12:45 pm Recent updates ! HPV Vaccination Dr. Anbukkani Subbian vNOTES and Ablation techniques Dr. Suyash Naval Sentinel node mapping in gynaecological cancer Dr. Rohit Raghunath Ranade
	12:50 - 1:05 pm Recent updates! Enhanced Recovery After Caesarean Dr Uma Devi Karunakaran	12:45 - 1:15 pm Newer Frontiers! Gynaecological issues in LGBTQIA+ <i>A conversation</i> Dr Rita Mhaskar Dr Arjun; Dr Pramila Kalra Dr Krishna Prasad
	1:05 - 1:15 pm Interaction	
	1.15 - 2.00 pm Lunch	

2.00 - 3.15pm	Plenary session
	Hall Coordinators: Dr. Rashmi Patil, Dr. Poornima
	Chairpersons: Dr. Kamini A Rao, Dr. Sampathkumari, Dr. Jayashree Venkataram
	▪ Pregnancy as a window to future NCDs Dr. Uma Ram ▪ Molecular biology in diagnosis and management of Gynaecological cancers Dr. U D Bafna
3.15 - 4.00 pm	Panel Discussion Addressing Chronic Pelvic pain Moderators: Dr Nirmala Jayashankar, Dr Manisha Singh Expert: Dr Vidyamani. L Panelists: Dr Jayashree Sharma, Dr P. Bhuvaneswari, Dr Lakshmi Irrinki Dr Girija Rao, Dr Radhika Reddy
4.00 - 4.45 pm	Predict and Prevent Ask the experts- Optimising care in medical disorders! – Mental health; Diabetes; Thrombocytopenia; Anaemia Moderators: Dr Mathangi Rajagopal, Dr N. Lalitha Experts: Dr Vidyalekshmy R, Dr Latha Venkataram, Dr. Sundarnag G, Dr Anantharaman R, Dr Nataraj K S
4.45 pm - Valedictory and close	



List of hotels close to the conference venue

Sl No	Hotel Name	Mobile No	Address	Tariff
2	Ramanashree Richmond Hotel <i>Distance: 700 m</i>	080 4135 0000	Ramanashree Richmond, 16, Raja Ram Mohan Roy Rd, Sampangi, Sampangi Rama Nagara, Rama Nagar, Bengaluru, Karnataka 560027	Single Occupancy: 4000 + Tax Double Occupancy: 4500 + Tax
3	Adarsh Hamilton <i>Distance: 1.2 Km</i>	080 4359 5700	2/4, Langford Gardens, Richmond Town, Bengaluru, Karnataka 560025	Single Occupancy: 6000 + Tax Double Occupancy: 7000 + Tax
4	Bloom Hotel <i>Distance: 1.4 Km</i>	089512 82833	44, Richmond Rd, opp. Prestige Corniche, Ashok Nagar, Bengaluru, Karnataka 560025	Single Occupancy: 4900 + Tax Double Occupancy: 5500 + Tax
5	Orchid Suites <i>Distance: 1.5 Km</i>	080 4130 3000	12 & 12/1 D'souza Road (on Hayes Road), Shanthala Nagar, Richmond Town, Bengaluru, Karnataka 560025	Single Occupancy: 2800 + 5%GST Double Occupancy: 3500 + 5%GST
6	IBIS Bengaluru City Centre <i>Distance: 2.4 Km</i>	080 4254 8000	Plot No - 30, Raja Ram Mohan Roy Rd, off Richmond Road, Sampangi Rama Nagara, Bengaluru, Karnataka 560027	Single Occupancy: 6000 + Tax Double Occupancy: 6700 + Tax



Registration Tariff

Category	Earlybird Upto 30 th June 2026	1 st July to 15 th July 2026	16 th July onwards Spot
Consultant	₹ 5,000+900=5,900	₹ 6,000+1080=7,080	₹ 8,000+1440=9,440
Post Graduate	₹ 4,000+720=4,720	₹ 5,000+900=5,900	₹ 6,000+1080=7,080
Banquet	₹ 2,000+360=2,360	₹ 2,000+360=2,360	₹ 2,500+450=2,950

Complimentary Registration for Participants Aged Above 75 Years

For online registration, please visit: www.blore-rcog.com

Note

- The Registration fee is inclusive of 18% GST as applicable.
- PGs should produce valid certificate attested by HOD.
- For spot registration - conference kit is subject to availability

Offline Registration :

Courier at par Cheque or DD in favour of **"BANGALORE RCOG TRUST"**
with duly filled registration form to the conference managers

📍 Address for Communication :

AICC RCOG 2026 C/o Hallmark Events
Maruthi '688, 1st Floor, 6th Main, 3rd Block, BEL Layout
Vidyaranyapura, Bengaluru - 560097



Scan here to
register

Contact Details:

Registration:	📞 Ms. Pramila: 9343222772 / Mr. James: 6360361733
Abstract:	📞 Ms. Pavithra: 8904449675
Scientific / Workshop:	📞 Mr. Shashank 9964153557 / Shabeena 9880880682
Trade:	📞 Seshadri Pa. +919845671462
Travel & Hospitality:	📞 Jessin : 9611288068

✉ aicccrcoblr2026@gmail.com

Venue: The Chancery Pavilion

Residency Rd, Shanthala Nagar, Ashok Nagar, Bengaluru, 560025

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