

ADVANCED SKILLS AND DRILLS IN OBSTETRICS (ASKDO) **(A B'LORE RCOG TRUST INITIATIVE)**

Overview

Obstetric skills including management of emergencies form the basis of our armamentarium to fight against maternal and neonatal morbidity and mortality. There is a strong need for an evidence-based structured approach in managing pregnant women.

Why attend this course?

This course offers an objective structured and practical hands-on training on high-fidelity manikins which will simulate real-life situations closely. The experienced faculty will provide intensive mentoring through-out the course.

How is the content different from other skills and drills sessions?

Other than practising skills hands-on, there will be real-life scenarios of obstetric emergencies which will provide an opportunity to develop team-work and situational awareness.

The sessions on- How to make our labour wards safe, Setting up a High-dependency obstetric unit, and Maternal collapse- How not to panic; will help gain confidence in handling high-risk obstetrics.

What will I gain at the end of the course?

Since we are limiting candidates to 20 per course, hands-on training on the manikins is guaranteed for everyone. You will gain a deep understanding of evidence-based principles in obstetrics as well as gain confidence in dealing with complications and emergencies.

A comprehensive compilation of protocols, monitoring systems and documentation guides shall be provided as course material. A variety of kits with equipment required to handle some of the situations will be available for purchase at the centre during the course.

A certificate of attendance and passing will be awarded by the B'lore RCOG Trust. We are in the process of obtaining RGUHS certification also for this course.

How to register for the course?

Please send the registration forms with cheques to the following address:
Mr. Suchith, Clinical Skills centre, BMC Alumni building, Bangalore Medical College, Fort, Bangalore-560002.
Telephone No. 080 – 26703202, 9632311500.

What is the course fee?

The fee for the two day course will be a nominal amount of Rs. 3000. The places are limited to 20 candidates per course.

Chairman: Dr O S Siddappa, Dean cum Director, BMCRI director_bmcri@yahoo.co.in
Co chairman: Dr K M Srinivasa Gowda, Chairman, BMCDT docgowda@yahoo.co.in
Co chairman: Dr N Rangaraj, President, BMCAA docrangaraj@gmail.com
Director: Dr K Lakshman, Life Trustee, BMCDT klakshman58@gmail.com, 9845179891
Coordinator: Dr Abdul Razack, Lecturer, BMCRI drabdulrazack@gmail.com 9480616364

Programme

Venue: Clinical Skills Centre, Bangalore Medical College Campus

Day 1

0800-0830 hours	Registration and Coffee Introduction to the course
0830-0900 hours	Pre-course questionnaire
0900- 0945 hours	Normal delivery (Batch A) <ul style="list-style-type: none">• Use of partogram• Conducting normal delivery• Active management of third stage
0945- 1030 hours	Lecture demonstrations on <ul style="list-style-type: none">• Cord prolapse• Caesarean section
1030-1045 hours	Coffee break
1045- 1130 hours	When eclampsia strikes...(Batch A)
1130-1215 hours	Lectures on <ul style="list-style-type: none">• How to make our labour wards safe?• How to set up a Maternal HDU?
1215-1315 hours	Instrumental delivery
1315-1400 hours	Lunch
1400-1445 hours	Basic Life support (Batch A) <ul style="list-style-type: none">• Airway management and breathing• CPR and AED use• IV access and fluid management
1445- 1530 hours	Neonatal resuscitation (Batch A)

Day 2

0800-0830 hours	Coffee
0830-0915 hours	Lecture on <ul style="list-style-type: none">• Sepsis- the killer
0915-1015 hours	Shoulder dystocia- what to do when you are stuck!
1015-1115 hours	Perineal trauma
1115-1130 hours	Coffee
1130-1230 hours	Vaginal breech delivery
1230-1330 hours	Maternal collapse
1330-1400 hours	Lunch
1400-1530 hours	Postpartum haemorrhage <ul style="list-style-type: none">• Prevention and diagnosis• Oxytocics• Resuscitation• Blood and blood products
1530-1545 hours	Coffee
1545- 1715 hours	PPH
1715-1800 hours	Post course questionnaire Feedback and comments

- **All candidates have to score 80% in the post-course questionnaire in order to pass, failing which, he/she will have to repeat the course.**
- **All the obstetric emergencies and life support stations are continually assessed towards the final score.**

Your feedback is very important to us. Kindly give your honest and constructive comments in the feedback forms provided in your pack. Your name is optional.

Thank you.

AskDo team

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Registration Form:

1. Name :

2. Name of Institution:

3. Designation:

4. Contact Details:

5. Email:

Please send the cheque in the favour of

“BMC DEVELOPMENT TRUST CLINICAL SKILLS CENTRE” to

Director,

Clinical Skills centre,

BMC Alumni building,

Bangalore Medical College,

Fort, Bangalore-560002.

Phone no. 080-26703202, 9632311500

Registration Form also in our website: www.bmcalumni.com

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